



**At Home**



## *It only took one stone*

### *Craft 1: Sling*

*You will need: scraps of thin leather or cloth; string or paracord; a hole punch; foil*

*Cut the leather or cloth into strips around 7.5 cm long and 3.5 cm wide. Fold it on the long side and punch a hole in each side of the folded cloth. Using the string, tie a knot through one side of cloth and repeat with the other string on the opposite side. On the other end of one of the pieces of string, tie a loop and a knot to hold it in place. Next pull both strings, keeping them level on both sides, and grasp the nonlooped string between your thumb and your pointer finger - and tie another knot. Make foil balls. Now you're ready to try it out. How far can your sling shoot?*





## Activity 1: Bottle Skittles

You will need: six identical empty plastic bottles (keep the lids); paint; paint brushes; sand or water; a ball

Paint the bottles in any way you like. You might need to give them two layers of paint. When they are dry, fill them with some sand or water so they don't easily tip over. Now you are ready to play skittles! Throw the ball at your bottles and see who can knock down the most.

## Activity 2: Courage jars



You will need: empty glass jars; glue; stickers; ribbons; paint and paint brushes; Post-it notes or paper of your choice.

Decorate your courage jar as you please. Every time you do something courageous, write it on a piece of paper and drop it in your jar. Decide how often you want to open the jar to see how courageous you've been. For example: asking for help, standing up for others and yourself or not following what everyone else is doing.

## Craft 2: The elephant and the mouse



You will need:  
templates (see below) toilet roll tubes; grey acrylic paint; paint brushes; white card; pens; scissors; glue; googly eyes (large and small); a pink fine marker pen; string

**Elephant:** paint the toilet roll tube grey. Use the templates to cut out two ears and a trunk from the cardboard. Paint grey. Once dry, fold the trunk accordion-style. Glue the trunk, ears and googly eyes on to the tube to complete it.

**Mouse:** use the templates to cut out the shapes from the card. Cut halfway through the circle and glue it into a cone. Glue googly eyes on to the head shape and use the pink pen to draw a nose. Glue the head shape over the join in your cone, then glue some string to the other end to form a tail.



### Activity 3: Water glass trick

You will need: glasses; water in a jug;  
note cards; a basin

Fill your glass around 2/3 full with water. Place the card over the top of the glass, making sure that the whole of the rim is covered, and press down with one hand. Move your other hand down the glass, towards the bottom of it. Quickly turn the glass upside down over the basin, holding the note card in place and then, carefully, let go of the note card. The card should stick, holding the water at bay!

#### 4. Elephant and mouse

